

**Home visitors can help  
you find services such as:**

- Testing of your child's growth and development
- Immunizations
- Tests for lead poisoning
- Child care
- Breastfeeding support
- Nutrition counseling for pregnant women



- WIC
- Rite Care
- Early Intervention
- Food Stamps

**Call the Family Outreach Program  
site that serves your community.**

**VNA Care of New England  
1-800-348-6417**

Barrington	Lincoln
Bristol	North Providence
Burrillville	North Smithfield
Central Falls	Pawtucket
Coventry	Providence
Cranston	Scituate
Cumberland	Smithfield
East Greenwich	Warren
East Providence	Warwick
Foster	West Greenwich
Gloicester	West Warwick
Johnston	Woonsocket

**VNS of Newport and Bristol Counties  
682-2100**

Little Compton  
Middletown  
Newport  
Portsmouth  
Tiverton

**VNS Home Health Services  
782-0500**

Charlestown	New Shoreham
Exeter	North Kingstown
Hopkinton	Richmond
Jamestown	South Kingstown
Narragansett	Westerly



**Family Outreach Program**



**Rhode Island's  
Home Visiting Program**



This program is funded in part  
by the Department of Human Services

**MAKE HEALTH PART OF YOUR FAMILY**  
RHODE ISLAND DEPARTMENT OF HEALTH

There's so much to think about when it comes to having a baby and raising a child. You may have questions or need help finding services for your family. Or maybe you just need someone to talk to.



The Family Outreach Program helps pregnant women and families with young children. Our home visitors are caring professionals who are available to visit with you and your family during the day, in the evening, and on the weekend—whenever it's best for you. We come to your home because we know how busy family life can be.



### **Pregnant women often ask:**

- What are the best foods to eat while I'm pregnant?
- I want to breastfeed but how do I know if I can?
- What do I need to do before my baby arrives?

### **New mothers wonder about caring for their babies:**

- What tips can you give me to make my baby's first bath easier?
- My baby cries a lot. What should I do?

### **Parents want to know more about their young child:**

- When should I take my child to the doctor?
- My child is a picky eater. How can I make sure he eats healthy foods?
- How do I know if my child is growing and learning as expected?
- How can I make my home safe for my child?

### **Families want to find services in their community:**

- I will be going back to work—where can I find daycare for my baby?
- I have no insurance—how can I get healthcare for my child?
- My child is lead poisoned. What services are available to us?

Many of our home visitors speak more than one language so we are able to help all families get the information and services they need to be as healthy as possible. And best of all, there is no cost to you.



Pregnancy and early childhood are important times in life. We're here to help you and your family during these times. The Family Outreach Program agency serving your community is listed on the back of this brochure.

### **Call today and ask for a home visit.**

For more information about the Family Outreach Program, call the Family Health Information Line at 1-800-942-7434. We speak English and Spanish.